October is a good time of year to take a closer look at your pension plan and retirement savings to see if you are achieving your retirement goals and objectives. As you look toward the future consider the following:

- Review or update your beneficiary information
- Review your pension allocations
- Review or update your contributions
- Update your home address
- Contact your pension plan to see if your contributions are up-to-date.
- Enroll in one of the voluntary retirement plans, i.e.: Tax-Deferred Annuity or the NYS Deferred Compensation Plan

Many changes can affect your investments during the course of a year. It is important to monitor your retirement and investment accounts regularly and to make adjustments as needed.

Pension Plans Contact Information

- **TIAA**: 1-866-277-7957
  - WEBSITE: [https://www.tiaa.org/public/land/cunysystem](https://www.tiaa.org/public/land/cunysystem)
- **NYC TEACHERS’ RETIREMENT**: 1-888-869-2877
  - WEBSITE: [https://www.trsnyc.org/memberportal/login](https://www.trsnyc.org/memberportal/login)
- **NYCERS**: 347-643-3000
  - WEBSITE: [https://www.nycers.org/](https://www.nycers.org/)
- **THE OFFICE OF HUMAN RESOURCES**: 718-262-2135
  - WEBSITE: [https://www.york.cuny.edu/hr](https://www.york.cuny.edu/hr)