



Office of Human Resources Management
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Dear Staff,

During today's challenging times, CUNY wants to reiterate our genuine concern for the wellbeing of our employees and their family members. We are excited to announce that the CUNY Work/Life Program will now be presented by CCA@Your Service – our new confidential, 24/7 employee assistance program provider starting on June 15, 2020.

Think of CCA@YourService as an individualized resource for providing practical, around-the-clock information and assistance to manage your daily life. From emotional health and wellness support to assistance with daily work/life concerns like dependent care and financial/legal challenges, CCA@YourService is here to help. They can even help with personalized consumer resources and referrals like pet care, home improvement, budgeting and travel.

Additionally, all the benefits from CCA@YourService are available to your family members and those you care about. This includes a significant other, children, parents, siblings, grandparents, aunts, uncles, cousins, roommates—anyone who has an impact on your life. Knowing your loved ones are supported can improve your wellbeing and peace of mind.

As an added plus, our new vendor offering these benefits, CCA, Inc, is a New York City based company. Accordingly, they know first-hand some of the unique challenges that we, as fellow New Yorkers, are dealing with on a regular basis and now under the current COVID-19 pandemic.

Please see the attached program flyer for more information. We hope that you'll take this opportunity to familiarize yourself with the benefit and stay tuned for more information. It's truly a resource that everyone can use!

800-833-8707
www.myccaonline.com
Company Code: CUNY