



HITE

*Connecting New Yorkers with free and
low-cost health and social services*



www.hitesite.org



HITE

About

The Health Information Tool for Empowerment (HITE) is a publicly available online directory of more than 6,000 health and social service organizations and programs located in New York City's five boroughs, Long Island, and Westchester. HITE lists organizations that provide free or low-cost services geared towards community health and well-being. Information in HITE listings is verified directly with program staff and is updated often to maintain accuracy.

HITE users include staff at health care and community-based organizations (CBOs), community advocates, school nurses and counselors, and other community members. HITE searches can assist with:

- Information and referral services
- Care and case management
- Care coordination
- Community advocacy and outreach
- Patient navigation
- Care transitions
- Benefit needs

Search services in HITE using the following categories:



COVID-19



Education & Employment



Financial Assistance



Food Assistance



Health Care & Medicine



Hotlines



Housing & Homeless Services



Immigrant Support



Mental Health & Substance Abuse



Social Support & Services



Youth & Family Services

Refine your search

Searches can be refined by entering search criteria such as location, specific service, population, or language. Organizational listings include detailed information on location, services provided, hours of operation, languages spoken, intake procedures, and more. Users can create a personalized account to save resources for easy access.

Schedule a Demonstration

HITE staff provide free on-site or web-based presentations for hospitals, health centers, CBOs, public agencies, and provider networks and associations. Please contact HITE to schedule a demonstration at your organization.

Contact HITE

Contact HITE staff for general directory information, assistance using the website, to request presentations or materials, or to provide information about an organization already in or new to HITE.



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Please note that HITE is not affiliated with any of the organizations listed in the directory. For information about an organization, please contact them directly.