



ON HER WAY TO GRADUATION: MEET PSYCHOLOGY MAJOR TRIVANI BHARAT



Trivani Bharat finds the readings and discussions she discovers through her coursework in psychology endlessly fascinating. “What I learn always sparks my interest,” says the York College senior. “I get to think about how people’s lives are affected by their culture, history, biology and familial experiences. I love that I am learning to think analytically from so many different perspectives.”

The “nature versus nurture” psychological question that Trivani explores through her studies not only provides her with a lens on the world but on herself. “I was born in Guyana and it was a big adjustment moving to the U.S. when I was in 9th grade,” she says. “I had to figure out an entire new way of navigating life; high school exams; including the Regents and the SATs; and I had to make new friends. I used to be more introverted but since I have so many opportunities at York College to be social, I am now an ‘ambivert,’ which means I move easily from being content with my alone time to being in community.”

Many York College students share Trivani’s experience of moving and transitioning to the States, as the College is home to many students born outside of the U.S.

“When I saw the flags from all around the globe showcased in the College’s Atrium, it made me feel right at home. Now, I have friends from New York City and from all around the world. And, I love that I get to speak my Indo-Guyanese dialect with my Guyanese friends at York!”

Trivani, who is juggling her course load while working in the College’s Mental Health Counseling Center and pursuing an Emergency Medical Technician Certificate in preparation for her graduate work, credits the faculty with supporting her educational journey. “The professors are really helpful. They understand that students have many different demands and they take the time to listen and to guide us. They really make a difference in my college experience.”

Trivani also credits her family for supporting her choices. “Coming from an Indo-Guyanese family, education is an instilled value. My parents hoped I would major in biology and I did for two years. But, I realized I wanted to major in psychology. Now I have the best of both worlds understanding the twin effects of how biological and psychological factors affect people’s lives.”

Although Trivani graduates with a B.A. in Psychology in the fall, she doesn’t plan on leaving York College. Her next step is enrolling in the College’s Physician Assistant Graduate Program and pursuing an eventual career as a Physician Assistant in a neurology department.

Learn more at www.york.cuny.edu or contact Admissions at admissions@york.cuny.edu.