**2015-2016**

**Four-Year Plan:** [**Physical Education PreK-12 (BS)**](http://www.york.cuny.edu/produce-and-print/contents/bulletin/school-of-health-and-behavioral-sciences/health-and-physical-education/physical-education-grades-k-12-bs)

Department of Health and Physical Education

School of Health Sciences & Professional Programs | York College | CUNY

Room HP-203 | (718) 262-2607

The following is a suggested plan of study for completion of this degree program. The goal of a Four-Year Plan is to ensure that students graduate with no more than 120 credits and in four years.

* All students should speak with an academic advisor about their academic programs. This document is not a substitute for academic advisement.
* Students are encouraged to take Winter and Summer courses to facilitate their progress towards graduation.
* Transfer students do not need to take all courses in the plan; they should consult with an academic advisor.

| Course | Credit | Course | Credit |
| --- | --- | --- | --- |
| **First Year – Fall** | **16** | **First Year – Spring** | **16** |
| English Composition (EC): English 125 | 3 | English Composition (EC): English 126 | 3 |
| College Option (CO): Health Education 111 | 3 | Life & Physical Science (LPS) course | 3 |
| Mathematical & Quantitative Reasoning (MQR): Math 111 (prerequisite) | 4 | Scientific World (SW): Biology 120 (prerequisite) | 3 |
| World Cultures & Global Issues (WCGI) course | 3 | Physical Education 150 | 2 |
| US Experience in its Diversity (USED) course | 3 | Mathematics 271 | 4 |
|  |  | Physical Education Skills course\* | 1 |

| Course | Credit | Course | Credit |
| --- | --- | --- | --- |
| **Second Year – Fall** | **16** | **Second Year – Spring** | **15** |
| Biology 281 (prerequisite) | 4 | Physical Education 152 | 2 |
| Sociology 202 OR Philosophy 202 (WI) | 3 | Physical Education 215 | 3 |
| Education 230 | 2 | Physical Education 350 | 2 |
| Education 280 | 3 | Health Education 314 | 2 |
| Health Education 210 | 2 | Education 283 | 4 |
| Physical Education Skills courses\* | 2 | Physical Education Skills courses\* | 2 |
| Writing Workshop (Offered by Dept of Teacher Ed) |  |  |  |

| Course | Credit | Course | Credit |
| --- | --- | --- | --- |
| **Third Year – Fall** | **16** | **Third Year – Spring** | **16** |
| Physical Education 353 | 2 | College Option (CO): Writing 300 or 200+ WI | 3 |
| Physical Education 358 | 3 | Physical Education 362 | 3 |
| Physical Education 361 | 3 | Physical Education 363 | 3 |
| Education 340 | 3 | Physical Education Skills courses\* | 3 |
| Education 395 | 3 | Creative Expression (CE) course | 3 |
| Physical Education Skills courses\* | 2 | Education 341 | 4 |

| Course | Credit | Course | Credit |
| --- | --- | --- | --- |
| **Fourth Year – Fall** | **13** | **Fourth Year – Spring** | **12** |
| College Option (CO): Foreign Language+ | 3 | College Option (CO): Foreign Language+ | 3 |
| Individual & Society (IS) course | 3 | Education 449 | 3 |
| Education 448 | 3 | One additional Flexible Core course | 3 |
| Physical Education 452 | 3 | Physical Education Skills courses\* | 3 |
| Physical Education Skills course\* | 1 |  |  |

* York students are required to complete (pass) three (3) Writing intensive (WI) courses: two (2) in the lower division (100-200 level) and one (1) in the upper division (300-level).
* If you transferred to York College with credit for General Education requirements, you must still complete one (1) WI course in the upper division within your major. If your major has no upper division WI course, you must take a WI course chosen in consultation with your major advisor.
* B.S. students must complete 60 credits of liberal arts – See Bulletin.

+Foreign Language courses are determined through placement by the Foreign Language Department, Room 3C08.

\*Students must complete 11 credits of Physical Education Skills courses, including

* Team Sports – 4 credits
* Dance – 1 credit
* Individual Sports – 4 credits
* Outdoor Sports – 1 credit
* Aquatics – 1 credit