**2013-2014**

**Pathways Four-Year Plan: Gerontological Studies and Services**

Department of Health and Physical Education

School of Health & Behavioral Sciences

**The goal of a Four-Year Plan is to ensure that students graduate with no more than 120 credits and in four years.**

* All students should speak with an academic advisor about their academic programs.
* Students are encouraged to **take Winter and Summer courses** to facilitate their progress towards graduation.
* Transfer students do not need to take all courses in the plan; they should consult with an academic advisor.

| Course | Credit | Course | Credit |
| --- | --- | --- | --- |
| **First Year – Fall** | **15** | **First Year – Spring** | **15** |
| English 125 | 3.0 | English 126 | 3.0 |
| Health Education 111 | 3.0 | Math 111 | 4.0 |
| Life and Physical Sciences (choose any one) | 3.0 | Foreign Languages\* | 3.0 |
| World Culture and Global Issues (choose any one) | 3.0 | Scientific World : Psych 102 | 3.0 |
| US Diversity in its Experience (choose any one) | 3.0 | Health Education 201 | 2.0 |

| Course | Credit | Course | Credit |
| --- | --- | --- | --- |
| **Second Year – Fall** | **15** | **Second Year – Spring** | **15** |
| Creative Expression (choose one) | 3.0 | Gerontology 201 | 3.0 |
| Individual and Society (choose one) WI | 3.0 | Health Education 321 | 3.0 |
| \* Foreign Languages | 3.0 | Social Work 203 | 3.0 |
| Gerontology 101 | 3.0 | Physical Education 353 | 2.0 |
| Health Education 223 and 224 | 3.0 | Flexible Core (choose one in any area) WI | 3.0 |
|  |  | HE 200 Cardiac Life Support | 1.0 |

| Course | Credit | Course | Credit |
| --- | --- | --- | --- |
| **Third Year – Fall** | **15** | **Third Year – Spring** | **15** |
| Gerontology 301 | 3.0 | Health Education 331 (WI) | 3.0 |
| Health Education 341 | 3.0 | Physical Education 322 | 3.0 |
| Writing 303 | 3.0 | Gerontology Elective | 3.0 |
| Social Work 300 | 3.0 | Psychology 283 | 3.0 |
| Psychology 280 | 3.0 | Elective (Liberal Arts) | 3.0 |

| Course | Credit | Course | Credit |
| --- | --- | --- | --- |
| **Fourth Year – Fall** | **15** | **Fourth Year – Spring** | **15** |
| Health Education 471-472 (Fieldwork) | 3.0 | Health Education 473-474 (Fieldwork) | 3.0 |
| Gerontology Elective | 3.0 | Health Education 481 | 3.0 |
| Electives (Liberal Arts) | 9.0 | Electives (Liberal Arts) | 9.0 |

**Students who start at York are required to take three Writing Intensive (WI) courses: two in the lower division (100-200 level) and one in the upper division (300-400 level). Transfer students should consult with an advisor about their WI requirements.**

**york.cuny.edu/pathways**

**Total credits needed to graduate 120**

**Notes**

Placement by Foreign Languages Dept. Room 3C08

**B.S. students must complete 60 credits of liberal arts – see Bulletin.**

**FOR MORE INFORMATION:**

**Department of Health & Physical Education and Gerontological Studies and Services,**

**HPE Complex Room 201, (718) 262-5101**