**ADDENDUM**

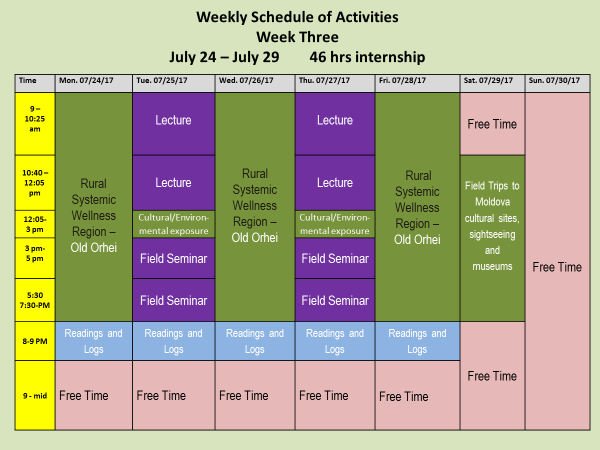
**The Third York College Interdisciplinary Summer Semester Expedition**

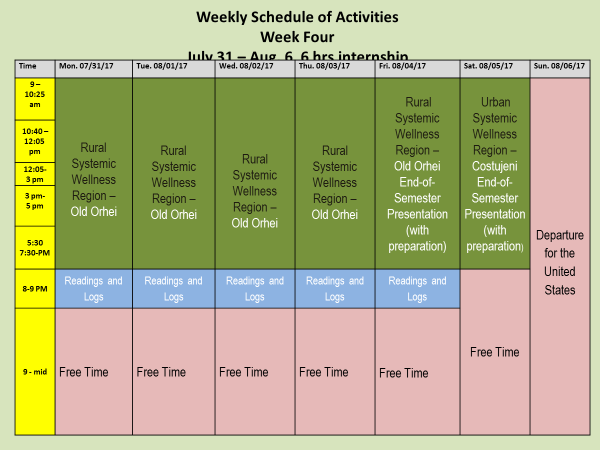
**in the Republic of Moldova**

Detailed Schedule of Activities









The *Systemic Wellness Community Improvement Model* methodology is predicated on the following

**Assumptions and Principles:**

On work and human nature

\*The desire to work collectively toward the common goal represents an essential human need for meaningful vocational activities

\*Meaningful work must include a comprehensive utilization of human physicality and the entire sensory spectrum

\*Meaningful work must produce tangible outcomes that are accessible to the entire spectrum of sensory perception

\*Meaningful work is directed toward the dual purpose of community improvement and personal growth

\*Meaningful work is sustainable through the skills dissemination among community members and development of the lasting infrastructure for skills utilization.

On systemic wellness

\*A distinct geographic community (e.g. village, small town, neighborhood) is the optimal arena of effective community organizing toward *wellness*

\*Wellness is a *systemic* concept that concerns all community members and includes the following *collective* aspects of human existence: community infrastructure; functional health of individual community members; economy; security; and ecology.

\*The lack of *social cohesion* that is based on culture/history is among the major causes of *community degradation*.

\*The systemic interconnection with *global* conflicts, problems, and diseases is among major causes of community degradation.

\*A beneficent intervention from abroad that is based on fascination with local culture/history is an effective methodology of community organizing toward an improvement in systemic wellness.

On community development

Community development has to be:

\*approached multi-dimensionally

\*planned as a social enterprise on the academic/theoretical/methodological platform

\*economically viable

\*propelled by community members' buy-in

\*implemented through coordinated efforts of the broad national and international spectrum of stakeholders

\*assessed through attainable, sustainable, and measurable outcomes.

On the Systemic Wellness Improvement Model

\*The *Systemic Wellness Improvement* *Model* methodology identifies culture/history as the basic social glue that keeps community together.

\*Deeper understanding of one’s history and richer cultural expression can be stimulated by the interest from outside the community, i.e. through the foreign project partners.

\*Manufacture of *replicas of historical artefacts* (e.g. archaeological finds) through the synthesis of traditional skills and contemporary technologies constitutes an optimal vocation, a best practice, and meaningful work

\*An economically-viable local artisan industry can sustain itself through local utilization and global marketing of the products

\*The foreign partner is consistently present in joining the community in attaining and sustaining project outcomes.

On social work role in systemic wellness improvement:

* Social workers are trained to approach social problems systemically
* They are uniquely equipped to deal with systemic community needs and challenges and capable of addressing community need in its full complexity.
* The social work knowledge base is interdisciplinary and they are trained on the master’s level to work across various disciplines and in collaboration with allied professions.
* Social entrepreneurship is the primary methodology of the social work profession.
* The coordinating and integrating role of social workers in social projects ensures effectiveness and sustainability.