





DISCOVER (Transition to College)

May not apply to SEEK, ACE, and ESL Students

SUMMER



ENROLLMENT

Complete the 7 steps to successful enrollment: Admissions, Information Technology, Financial Aid, Registrar, Health Services (immunizations), Academic Advisement, and Public Safety (student ID).



FYE/ MENTORING

- Participate in the Summer Bridge program.
- Complete SPARC (Sexual and Interpersonal Violence Prevention and Response Course).
- Participate in New Student Orientation.



FINANCIAL AID

Be sure you have filed your FAFSA and state applications to be considered for financial aid for the upcoming academic year (if applicable).



MAJOR DECLARATION Complete major declaration form at first advising appointment.

FALL



FINANCIAL AID

Research Federal Work Study opportunities across the campus. See the FWS website for available employment.



- Explore peer-to-peer mentoring.
- Earn an FYE digital badge.
- Participate in Weeks of Welcome activities.



ACADEMIC SUPPORT

Visit the Collaborative Learning Center to learn about the comprehensive tutoring and academic support services that will reinforce your classroom instruction.



ACADEMIC ADVISEMENT

- Join York AdvisorFest to meet your assigned advisor, discover academic resources, and schedule Academic Advisement appointments. Aim to meet with your advisor at least twice per semester.
- Download Navigate.
- Meet with an academic advisor to discuss interests and goals.
- Take general education courses, including Math and English.
- Join at least one club or organization to explore interests.
- Establish a study routine and time management skills.



WELLNESS AND RESOURCES

- Explore assistance with immunization requirements & health education.
- Engage in workshops addressing domestic violence & sexual assault awareness.
- Access reproductive education and Women's Leadership.
- Explore LGBTQIA Safe Zone education and advocacy.
- Discover Mental health and wellness services/workshops.
- Register with the Center for Students with Disabilities (CSD) who promote diversity and disability cultural empowerment.
- Seek ADA accommodations if you had an IEP, documented disability or need an evaluation.



STUDENT ACTIVITIES AND LEADERSHIP

- Explore student clubs at the Club Fair, identify those aligning with your career goals, consider joining.
- Join one or two clubs or organizations that align with your interests.
- Consider volunteering for a community service project.



CAREER SERVICES

- Visit the Career Services website and ensure that you are able to log in to your Cardinal Careers account. Learn about all the resources Career Services offers.
- Conduct a Focus 2 self-assessment to find the career path that best fits your strengths, values, and interests. Begin to develop your resume.



SPRING



STUDENT ACTIVITIES AND LEADERSHIP

- Apply to serve on Student Government Association for the following academic year.
- Continue active involvement in your chosen clubs or organizations.
- Start exploring leadership roles within your chosen clubs.
- · Begin to build relationships with faculty members.



CAREER SERVICES

- Meet with a career counselor to discuss your Focus2 self-assessment.
- Research and select potential majors that align with your interests.
- Start developing networking skills by attending on-campus events.
- Consider part-time jobs or volunteer opportunities related to your interests.



ACADEMIC ADVISEMENT

- Connect with your academic advisor to ensure that you are on track.
- Continue taking general education coursework.
- Explore potential majors and career paths.
- · Meet with a career counselor to discuss career goals.
- Consider taking a course related to potential majors.



ACADEMIC SUPPORT

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REGISTER March: Register

now for next semester!



ATHLETICS

Discover Athletics as a player or fan - join the excitement, be part of the action!



STAY LINKED TO CAMPUS LIFE

Activate the Cardinal App, sign-up for CUNY Alert, and follow us on social media for instant updates, events, and the heartbeat of our vibrant community!







EXPLORE (Exploration of the College Community)

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SUMMER



FINANCIAL AID

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FALL



FYE/ MENTORING

Explore peer-to-peer mentoring.



STUDENT ACTIVITIES AND LEADERSHIP

- Get involved on campus by volunteering, joining a student club, or applying for a peer leadership position.
- Run for a leadership position within one of your clubs or organizations.
- Continue active participation in other clubs or organizations.



CAREER SERVICES

- Explore your career aspirations with a Career Advisor. Be prepared to develop a parallel plan.
- Continue attending career services workshops, focusing on resume and cover letter writing.
- Explore internship opportunities and update your resume accordingly by attending a hybrid Internship workshop.
- Attend job and internship fairs to network with employers.



FINANCIAL AID

Research Federal Work Study opportunities across the campus. See the FWS website for available employment.



REGISTER

November: Register now for next semester!



ACADEMIC ADVISEMENT

- Declare a major or continue exploring options.
- Start taking introductory courses in the chosen major.
- Meet with a Faculty Advisor to discuss major requirements.



ACADEMIC SUPPORT

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WELLNESS AND RESOURCES

- Explore assistance with immunization requirements & health education.
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- Access reproductive education and Women's Leadership.
- Explore LGBTQIA Safe Zone education and advocacy.
- Discover mental health and wellness services/workshops.
- Register with the Center for Students with Disabilities (CSD) who promote diversity and disability cultural empowerment.
- Seek ADA accommodations if you had an IEP, documented disability or need an evaluation.

SPRING



ACADEMIC ADVISEMENT

- Continue major-related coursework.
- Have a check-in meeting with your academic advisor.
- Explore minor options if relevant.
- Maintain a strong GPA.



ACADEMIC SUPPORT

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STUDENT ACTIVITIES AND LEADERSHIP

- Focus on developing leadership skills through workshops or courses.
- Plan and execute a successful event or project with your club.
- Start considering how your involvement connects with your academic and career goals.
- Continue building relationships with professors for future recommendations.





CAREER SERVICES

- Utilize <u>ONET</u> to learn about the skills and knowledge you need to attain in your field of study. Formulate a plan to achieve these skills throughout your academic years in order to become a strong candidate when entering the job market.
- Apply for summer internships or research opportunities.
- Create or update your LinkedIn profile.
- Begin practicing interview skills and techniques.
- Seek out informational interviews with professionals in your field of interest.

SEMESTERLY

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ENGAGE (Integration and Involvement in the Larger Community)

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FALL



ACADEMIC ADVISEMENT

- Consult with major advisor to plan advanced coursework.
- Consult with your Faculty Advisor and review your DegreeWorks Plan for on-time graduation completion.
- Explore opportunities for undergraduate research.



STUDENT ACTIVITIES AND LEADERSHIP

- Take on more significant leadership roles in your clubs or organizations.
- Consider joining a professional or academic organization related to your major.
- Attend networking events and alumni gatherings.
- Help mentor and guide newer members of your clubs.



CAREER SERVICES

- Start your internship or research position.
- Attend career development workshops on topics like job searching and interview strategies.
- Seek out professional organizations related to your major or career goals.
- Research potential employers and industries.



FYE/ MENTORING

Consider applying to become a mentor to assist your fellow Cardinals in their academic and co-curricular journey.



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WELLNESS AND RESOURCES

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FINANCIAL AID

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ACADEMIC ADVISEMENT

- Take advanced courses in your major.
- Consider studying abroad or exchange programs.
- Pursue research experiences.
- Develop a draft of your resume or curriculum vitae
- Begin exploring post-graduation options (graduate school or careers).



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STUDENT ACTIVITIES AND LEADERSHIP

- Continue to excel in your leadership roles.
 - Look for opportunities to present or represent your organization at regional or national conferences.
 - Maintain strong relationships with professors and begin discussing potential research opportunities.



CAREER SERVICES

- Build a portfolio of your work and accomplishments.
- Consider participating in a significant internship.
- Attend career fairs or industry-specific events.
- Begin drafting a personalized job search plan for post-graduation.
- Set up a virtual mock-interview with career services staff to prepare for upcoming interviews.



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EMPOWER (Preparation for the Next Chapter)

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FALL



ACADEMIC ADVISEMENT

- Apply for graduation on CUNYfirst one semester prior to your expected final semester. See the College <u>Academic</u> <u>Calendar</u> for exact application deadline date
- Students should seek advisement from their major department prior to applying for graduation, in order to ensure that they have taken the courses required for their major and are using the correct catalog.
- Explore how E-permits can help you attain your degree quicker.
- Complete any remaining major requirements.



STUDENT ACTIVITIES AND LEADERSHIP

- Help plan and execute a major event or project within your club or organization.
- Offer mentorship and support to underclassmen in your organizations.
- Reflect on your college involvement and what you've learned.



CAREER SERVICES

- Finish your internship or research project on a high note.
- Schedule mock interviews with career services to refine your interview skills.
- Attend job fairs and networking events.
- Start applying for entry-level positions or graduate programs.



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FYE/ MENTORING

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STUDENT ACTIVITIES AND LEADERSHIP

- Check the main website for deadlines for commencement activities and cap/gown distribution.
- Contribute to a smooth transition of leadership within your club or organization.
- Attend senior networking events.
- Consider joining the alumni association.
- Celebrate your accomplishments at graduation and prepare for the next chapter.

SPRING



CAREER SERVICES

- Complete job or graduate school applications.
- Attend mock interviews and career workshops.
- Finalize your job search, including tailoring your resume and cover letters.
 Attend job interviews and follow-up with
- thank-you notes.Obtain references from employers and faculty.
- Seek guidance from career Advisors on job offer negotiations.
- Prepare for graduation and the transition to your new career.
- Create a parallel plan if career path needs adjustment.

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